



**April 2024**

**Meals on Wheels of Story County Menu**

Check your daily lunch menu on the HSS Website at [www.heartland seniorservices.com](http://www.heartland seniorservices.com)

A Service of Mary Greeley Medical Center and Heartland Story County



**Attention:**  
For ANY meal changes or issues please  
**CALL: 515-357-4573**

**For cancellations & delivery changes please call by 8:30 AM the day before delivery.**

**For Monday meal changes call no later than by Friday at 8:30 AM.**

**If you call after this time you will be charged for the meal because they have been ordered.**

This menu is for Home Delivered in Story County  
Menu is subject to change without prior notice

**Nutrition Notes:**

Bread and Milk included in all meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Mac & Cheese Sliced Carrots Green Beans Applesauce	2 Riblet on a Bun Parsley Baby Potatoes Baked Beans Peaches	3 Chicken and Noodles Mashed Potatoes Peas Mixed Fruit Vanilla Pudding	4 Shepard's Pie Green Beans Pears Chocolate Pudding	5 Sloppy Joe on Bun Diced Potatoes Mixed Veggies Mandarin Oranges
8 Country Fried Chicken Mashed Potatoes W/gravy Green Beans Mixed Fruit	9 Enchiladas Corn Mexican Rice Sour cream Mandarin Oranges	10 Glazed Pork Cut Sweet Potato Peas Peaches	11 Hamburger on Bun Tomato/Pickle/Onion Baked Beans Cheesy Potato Casserole Vanilla Pudding	12 Beef Stroganoff Mashed Potatoes Peas & Carrots Pear Fruit Cup
15 Southwestern Chicken Au gratin Potatoes Green Bean Mandarin Oranges	16 Ham Loaf with Glaze Baked Beans Sliced Carrots Applesauce	17 Beef Patty & Sauteed Onions Potatoes O'Brian Diced Beets Pears	18 Beef Pot Roast Whipped Potatoes With gravy Corn Peaches	19 Tater Tot Casserole Vegetable Blend Mixed Fruit Cup Yogurt Cup
22 BBQ Chicken Potato Salad Corn Mandarin Oranges	23 Mac & Cheese Sliced Carrots Green Beans Applesauce	24 Sliced Ham Au Gratin Potatoes Peas Pear	25 Café Meatloaf Whipped Potatoes With gravy Mixed Veggies Mixed Fruit Cup	26 Creamed Chicken over Biscuits Green Beans Peaches Butterscotch Pudding
29 Salisbury Steak Whipped Potatoes Green Beans Pear Fruit Cup	30 Glazed Pork Cut Sweet Potato Peas Mixed Fruit			