



**May 2024**

**Meals on Wheels of Story County Menu**

Check your daily lunch menu on the HSS Website at [www.heartlandseniorservices.com](http://www.heartlandseniorservices.com)

A Service of Mary Greeley Medical Center and Heartland Story County



**Attention:**  
For ANY meal changes or issues please  
**CALL: 515-357-4573**

**For cancellations & delivery changes please call by 8:30 AM the day before delivery.**

**For Monday meal changes call no later than by Friday at 8:30 AM.**

**If you call after this time you will be charged for the meal because they have been ordered.**

This menu is for Home Delivered in Story County  
Menu is subject to change without prior notice

**Nutrition Notes:**

Bread and Milk included in all meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Swedish Meatballs Egg Noodles Vegetable Blend Peaches Yogurt	2 Chicken with Mushroom Cream Sauce Wild Rice Corn Apple Sauce	3 Turkey Tetrzzini Peas & Carrots Mandarin Oranges Vanilla Pudding
6 Chicken w/ Dijon Sauce Cut Sweet Potato Green Beans Peaches	7 Sliced Turkey Whipped Potatoes With gravy Mixed Veggies Applesauce	8 Lasagna Roll-up With Meat Sauce Vegetable Blend Mixed Fruit	9 BBQ Pork Calico Bean Medley Corn Mandarin Oranges	10 Goulash Peas Cottage Cheese Pears
13 Mac & Cheese Sliced Carrots Green Beans Applesauce	14 Riblet Patty Parsley Baby Potatoes Baked Beans Peaches	15 Chicken and Noodles Mashed Potatoes Peas Mixed Fruit Vanilla Pudding	16 Shepard's Pie Green Beans Pears Chocolate Pudding	17 Sloppy Joe Diced Potatoes Mixed Veggies Mandarin Oranges
20 Glazed Pork Cut Sweet Potato Peas Peaches	21 Enchiladas Corn Mexican Rice Sour cream Mandarin Oranges	22 Country Fried Chicken Mashed Potatoes W/gravy Green Beans Mixed Fruit	23 Hamburger Patty Tomato/Pickle/Onion Baked Beans Cheesy Potato Casserole Vanilla Pudding	24 Beef Stroganoff Mashed Potatoes Peas & Carrots Pear Fruit Cup
27 Closed For Holiday	28 Beef Patty & Sauteed Onions Potatoes O'Brian Diced Beets Pears	29 Ham Loaf with Glaze Baked Beans Sliced Carrots Applesauce	30 Beef Pot Roast Whipped Potatoes With gravy Corn Peaches	31 Tater Tot Casserole Vegetable Blend Mixed Fruit Cup Yogurt Cup