

November 2024

Meals on Wheels of Story County Menu

Check your daily lunch menu on the HSS Website at www.heartlandseiorservices.com

A Service of Mary Greeley Medical Center and Heartland Story County

Attention:
For ANY meal changes or issues please
CALL: 515-357-4573
changes please call
by 8:30 AM the
day before delivery.

For Monday meal changes
call no later than by Friday

If you call after this time
you will be charged for
the meal because they
have been ordered.

Meals on Wheels of
Story County
Menu is subject to change
without prior notice

Nutrition Notes:

Bread and Milk included
in all meals

				1 Sloppy Joe Diced Potatoes Mixed Veggies Mandarin Oranges
4 Glazed Pork Cut Sweet Potato Peas Peaches	5 Enchiladas Corn Mexican Rice Sour cream Mandarin Oranges	6 Hamburger Patty Baked Beans Cheesy Potato Casserole Applesauce	7 Country Fried Chicken Mashed Potatoes with gravy Green Beans Mixed Fruit	8 Beef Stroganoff Mashed Potatoes Peas & Carrots Pear Fruit Cup
11 Beef Patty & Sauteed Onions Potatoes O'Brian Diced Beets Pears	12 Ham Loaf with Glaze Baked Beans Sliced Carrots Applesauce	13 Pasta with Meat Sauce Green Bean Mandarin Oranges	14 Beef Pot Roast Whipped Potatoes With gravy Corn Peaches	15 Tater Tot Casserole Vegetable Blend Mixed Fruit Cup
18 BBQ Chicken Potato Salad Corn Mandarin Oranges	19 Ham and Au Gratin Potatoes Peas Pear Fruit Cup	20 Mac & Cheese Sliced Carrots Green Beans Applesauce	21 Café Meatloaf Whipped Potatoes With gravy Green Beans Mixed Fruit Cup	22 Biscuits & Gravy Breakfast Potatoes Scrambled Eggs Peaches
25 Salisbury Steak Whipped Potatoes Green Beans Pear Fruit Cup	26 Glazed Pork Cut Sweet Potato Peas Mixed Fruit	27 Turkey Tetrzzini Peas & Carrots Mandarin Oranges	28 CLOSED FOR THANKSGIVING	29 CLOSED FOR THANKSGIVING

