

February 2025

Meals on Wheels of Story County Menu

Check your daily lunch menu on the HSS Website at www.heartlandseiorservices.com

A Service of Mary Greeley Medical Center and Heartland Story County

Attention:
For ANY meal changes or
issues please

CALL: 515-357-4573
changes please call
by 8:30 AM the
day before delivery.

For Monday meal changes
call no later than by Friday

If you call after this time
you will be charged for
the meal because they
have been ordered.

Meals on Wheels of
Story County
Menu is subject to change
without prior notice

3 Beef Patty & Sauteed Onions Potatoes O'Brian Diced Beets Pears	4 Ham Loaf with Glaze Baked Beans Sliced Carrots Applesauce	5 Pasta with Meat Sauce Green Bean Mandarin Oranges	6 Beef Pot Roast Whipped Potatoes With gravy Corn Peaches	7 Tater Tot Casserole Vegetable Blend Mixed Fruit Cup
10 BBQ Chicken Potato Salad Corn Mandarin Oranges	11 Ham and Au Gratin Potatoes Peas Pears	12 Mac & Cheese Sliced Carrots Green Beans Applesauce	13 Café Meatloaf Whipped Potatoes With gravy Green Beans Mixed Fruit Cup	14 Biscuits & Gravy Breakfast Potatoes Eggs Peaches
17 Salisbury Steak Whipped Potatoes Peas Pear Fruit Cup	18 Glazed Pork Cut Sweet Potato Corn Mixed Fruit	19 Swedish Meatballs Egg Noodles Vegetable Blend Peaches	20 Chicken with Mushroom Cream Sauce Wild Rice Green Beans Apple Sauce	21 Turkey Tetrazzini Peas & Carrots Mandarin Oranges
24 Lasagna Roll-up With Meat Sauce Vegetable Blend Mixed Fruit	25 Breakfast Casserole Potatoes O'Brian Peaches	26 Sliced Turkey Whipped Potatoes With gravy Mixed Veggies Applesauce	27 BBQ Pork Calico Bean Medley Corn Mandarin Oranges	28 Goulash Peas Cottage Cheese Pears

Nutrition Notes:

Bread and Milk included
in all meals

