Meals on Wheels of Story County Menu

Check your daily lunch menu on the HSC Website at www.heartlandofstorycounty.org
A Service of Mary Greeley Medical Center and Heartland of Story County

September 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	**1** Maidrite on Bun Parmesan Sweet Potatoes Corn	**2** Chicken Parmesan Pasta Breadstick Peaches	**3** Lemon Pepper Tilapia Sweet Potatoes Mixed Vegetables Pears	**4** Santa Fe Chicken Rice Corn Fruited Yogurt
7 CLOSED FOR HOLIDAY	**8** Chicken Tortellini Alfredo Broccoli Garlic Knot Orange Sugar Cookie	**9** Sloppy Joe on Bun Fried Potatoes Mixed Vegetables Applesauce	**10** BBQ Pulled Pork Baked Beans Country Trio Vegetables Apple	**11** Tuna Salad Carrots Cottage Cheese Mixed Fruit
14 Goulash Broccoli Garlic Knot Peaches	**15** Crispitos Black Beans & Corn Vanilla Pudding Pineapple	**16** Breaded Chicken Strips Mashed Potatoes & Gravy Corn Applesauce	**17** Ham Balls Baby Bakers Green Beans Cottage Cheese	**18** CHEF'S CHOICE
21 Omelet Hashbrown Sausage Patty Mandarin Oranges Cookie	**22** Baked Fish Mixed Vegetables Coleslaw Chocolate Pudding	**23** Roasted Pork Loin Garlic Parmesan Potatoes Normandy Blend Vegetables Peaches	**24** Beef & Noodles Mashed Potatoes Broccoli Peaches	**25** Egg Salad Crackers Mixed Fruit Cookie
28 Country Fried Steak Mashed Potatoes Sauteed Spinach w/ Onions Apricots	**29** Chili Dog Tater Tots Corn Cottage Cheese	**30** Pasta w/ Meat Sauce Riviera Vegetables Garlic Knot Pears	1	2

Attention:
For any meal changes or issues, please call **515-357-4573**

- Call by 8:30 a.m. the day before delivery for any changes.
- For Monday meal changes, please call no later than Friday.
- If you call after these times, you will be charged for the meal, as orders have already been placed.

Meals on Wheels of Story County:
Menu is subject to change without prior notice.

Nutrition Notes:
Bread and milk are included with all meals.